| 1 | 7:45 a.m. $-8: 35$ a.m. |
| :---: | :---: |
| 2 | 8:40 a.m. $-9: 30$ a.m. |
| Break | 9:30 a.m. $-9: 40$ a.m. |
| 3 | 9:45 a.m. $-10: 35$ a.m. |
| 4 | 10:40 a.m. $-11: 30$ a.m. |
| Lunch | 11:30 a.m. $-12: 00$ p.m. |
| 5 | 12:05 p.m. $-12: 55$ p.m. |
| 6 | 1:00 p.m. $-1: 50$ p.m. |
| 7 | 1:55 p.m. $-2: 45$ p.m. |

Today starts the CMS observance of National Red Ribbon Week. We are asking all of you to make a pledge that you will reflect on the importance of making healthy choices to stay drug and alcohol free. Leadership will be around to all of your fifth period classes today to hand out pledge bracelets and classroom posters. This year's National Red Ribbon Theme is "Send a Message. Stay Drug Free." Each day we will have dress up days that support our mission to stay drug and alcohol free. Today we are starting off the week by knowing that your choices are the key to your dreams. During fifth period, we will check to see how many of you are wearing your PJ's. The class with the highest percentage of participants will receive a special treat. Here are theme days for the rest of the week:
Tomorrow: Be a 'jean'ius. Don't do drugs. WEAR JEANS OR DENIM.
Wednesday: Sock it to drugs. WEAR CRAZY SOCKS.
Thursday: Scare away drugs. WEAR YOUR HALLOWEEN COSTUME.
Friday: Elect to be drug free. WEAR RED, WHITE, and BLUE.

You can pick it up, you can measure its height and circumference, but you can't bring in a scale to weigh it. The student who comes closest to guessing the weight of the big beautiful pumpkin in the library will get to take it home for Halloween. The form for submitting your guess is on the library web site. You answer needs to be in KILOGRAMS.

INK-tober is down to the last few days! Come join us in the library any day you can during the last few days of October to practice our ink drawing skills. No talent is needed. Just bring a pen, some paper, and a positive attitude. Today's word of the day is RIDE.

Good luck to our Volleyball Teams as they travel to Pacific Grove Middle School today for their matches. Players: Your bus departs at 3:15.

CMS eSports Club will meet today at lunch in S-2. Come by if you're ready to sharpen your gaming skills or test your skills against the best.

Math Club: Come to Mrs.Roman's room at lunch today to learn about this new club and the MathCounts Competition.

Come out and cheer on our Boys Soccer Team as they take on Palma on our home field at 4:30 today!

The $\mathbf{6}^{\text {th }}$ Grade WiffleBall Tournament of Donuts continued on Friday the as the PearlCity Pickles moved into $1^{\text {st }}$ place tie with the Silva Sandwiches as they easily chewed up the Krislyn Krispy Kremes 12-2. Today is the Waffles from Whitford Village vs the Sandwiches from SilvaTown. Tuesday is the Guzziberg Garbanzo Beans vs the Mayer

## Marshmallows.

